

OUR VOICE TT

ISSUE 27 - SEPTEMBER 2023

CONGRATULATIONS TO OUR ALL FOURS TOURNAMENT CHAMPIONS

**Diana Lookkhor
& Stephan Gangapersad**



and thank you to all our participants for bringing the good vibes!

OUR 2023 BACK-TO-SCHOOL DRIVE



This year, we were able to deliver School Bags and Stationery to over 150 students in need through our Back To School Drive.

Thank you to all of you for your tremendous support which allowed us to exceed our target.



Follow and engage with our NEW Facebook page:
Cemex – Trinidad Cement Limited



**Behaviours
that Save Lives**



Wear a
face mask



Keep
surfaces
clean



Sanitise
Hands
Frequently



Maintain
your physical
distance



Vaccinate -
It save
lives

CEMEX



Hall of Fame

Congratulations TT Team

Overall Kiln Efficiency	92.2%
Quality Index (QI)	94%
Lost Time Injury (LTI)	0

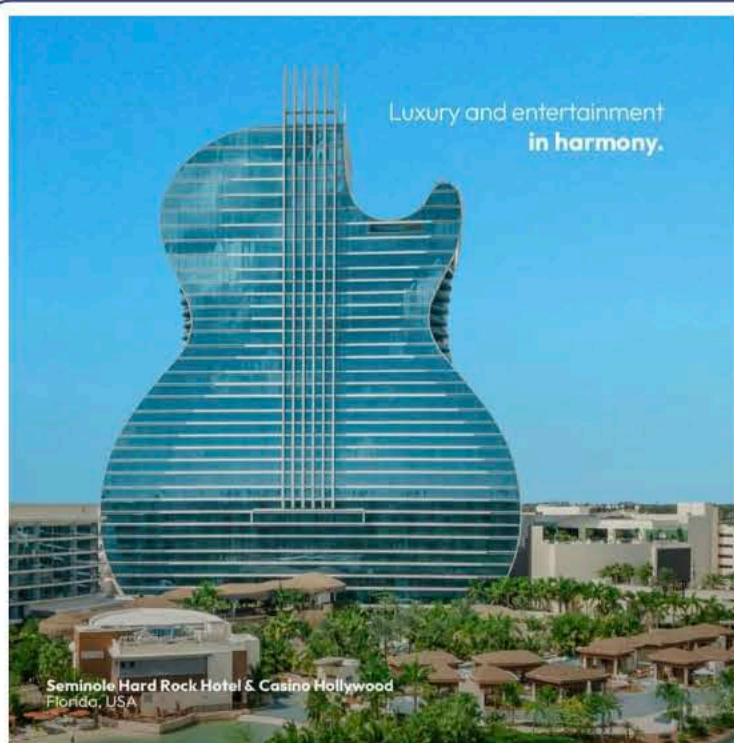
CEMEX TCL LAUNCHES BOOK CLUB

We are excited to have our very own Book Club at Cemex TCL. This club is a forum for our employees to engage and bond with each other, while enjoying some exciting and stimulating reading and discussions.

This initiative was born out of the Smart Innovation Challenge 2023 and embodies the spirit of innovation that we strive to promote at Cemex TCL. It provides an opportunity for us to learn, grow, and have some fun, outside of our regular work duties.

A special thanks to Ms. Asha Bansee (Commercial Department) for conceptualizing and leading this wonderful initiative, and to the HR Department for their support with its implementation.

Thank you also to all members who registered to be part of the Book Club. If you wish to join, please feel free to reach out to your HR representative.



CEMEX AROUND THE WORLD - U.S.A



Ready to rock? We supplied our ready-mix concrete to the iconic Seminole Hard Rock Hotel & Casino. The resort offers luxury rooms, a tropical pool, boutique shopping, dining, and live shows!

Source: CEMEX Global



Behaviours that Save Lives



Limit your exposure



Get enough rest



Wash hands frequently



Feeling unwell - stay home

HEALTH CORNER



BEAT THE HEAT

Extreme heat or heat waves occur when the temperature reaches extremely high levels or when the combination of heat and humidity causes the air to become oppressive.

HEAT EXHAUSTION	OR	HEAT STROKE
Faded or dizzy		Throbbing headache
Cramping, weakness		No sweating
Cool, pale, clammy skin		Body temperature above 104°F (40°C, 104°F)
Nausea or vomiting		Nausea or vomiting
Rapid, weak pulse		Rapid, strong pulse
Muscle cramps		May lose consciousness

Who are at risk?

- Children
- Older Adults
- Outside workers
- People with disabilities

Tips to beat the heat

- Stay hydrated.
- Don't wait until you're thirsty to hydrate.
- Wear loose-fitting clothing.
- Eat cold fruits e.g. watermelon, pineapple, apple, grapes.
- Avoid alcohol, tea and coffee which can lead to dehydration.
- Apply sunscreen throughout the day.
- Wear a hat or take an umbrella with you.
- Take breaks from working outside in cool, shaded areas.

Call your local emergency number

Get to a cooler, air conditioned place.
Drink water if being transported.
Take a cool shower or use cool compresses.

Take immediate action for heat stroke.
Take person to hospital.

Heart Health

Eat Well

- Cut down on sugary beverages and fruit juices – choose water or unsweetened juices instead.
- Swap sweet, sugary treats for fresh fruit as a healthy alternative.
- Try to eat 5 portions (about a handful each) of fruit and veg a day – they can be fresh, frozen, tinned, or dried.
- Keep the amount of alcohol you drink within recommended guidelines.
- Limit processed foods that are often high in salt, sugar and fat – unpack and unwrap less, peel and cook more!

DID YOU KNOW?
High blood glucose (blood sugar) can be indicative of diabetes. CVD accounts for the majority of deaths in people with diabetes so if it's left undiagnosed and untreated it can put you at increased risk of heart disease and stroke.

CEMEX TCL'S NORTH WAREHOUSE IS HERE TO TAKE OUR CUSTOMER EXPERIENCE TO THE NEXT LEVEL!



TCL PARTICIPATES IN CEMEX'S OPEN TALENT MARKET PROGRAMME



HR Leader, Ms. Khelley Green presents token to Mr. Sachin Dookie for representing the Trinidad and Tobago operations through his participation in the Open Talent Programme, lending support to the Regional Vertua Go-To-Market Project.

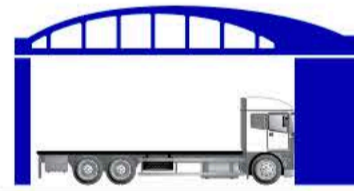
SAFETY AND SERVICE IMPROVEMENTS



IMPROVED TRAFFIC MANAGEMENT ON SITE



SAFE PEDESTRIAN ACCESS/PATHWAYS



SHeltered ROUTE FOR ORDER PROCESSING AND ACCESSING WAREHOUSE



2 LOADING BAYS: VIP/CONSTRURAMA LOADING BAY + REGULAR LOADING BAY



LIFELINES FOR SAFELY SPREADING OF PALLETS AND TARPING OF TRUCKS



ASSISTANCE WITH SPREADING OF PALLETS, TARPING OF TRUCKS AND BINDING OF TRUCKS IN A COVERED SPACE



DRIVER SAFE ZONE

Striving to deliver a Superior Customer Experience in every interaction!

OUR Construrama FAMILY IS GROWING!



Our latest Construrama Launch at Ramlagan's General Hardware and Electrical, Balmain, Couva.

We now have 9 OPEN STORES across Trinidad, and many more COMING SOON!

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Keep surfaces clean



Sanitise Hands Frequently



Maintain your physical distance



Vaccinate - It save lives



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TEST YOUR KNOWLEDGE

Submit your responses to corporatecommunications.tt@cemex.com or **384-5836** for your chance to **WIN A PRIZE!**

How well do you know your company?

- What are 3 ways to raise a ticket with the GSC?
.....
.....
.....
- What was the name of the first Construrama Store in Trinidad & Tobago?
a. Dean's Hardware c. G3 Hardware
b. On The Line General Hardware d. Real Tuff Builders Outlet
- CAVI refers to our:
a. Vendor registration platform c. Payment Portal
b. HR Management System d. Employee Intranet
- When is Customer Centricity Day 2023?
.....
- What are the handles of 3 of our social media platforms?
Bonus points if you follow them all and send us a screenshot.
.....
.....
.....

SUSTAINABILITY CORNER: FUTURE IN ACTION



Pronghorn antelope
El Carmen Nature Reserve
Coahuila, Mexico

Pronghorns, the second-fastest land animals in the world, surpassed only by the cheetah, run free at El Carmen Nature Reserve in Mexico, with the help of our biodiversity conservation efforts.

Source: Cemex Global #FutureInAction

Previous Edition's Winners:

Unfortunately, nobody got them all right. But here's your opportunity to redeem yourselves.

THIS UPCOMING MONTH WE CELEBRATE: OUR OCTOBER BABIES...HAPPY BIRTHDAY

Randolph Mitchell
Fyzudeen Hassanal
Robby Motilali
Raymond Small
Peter Thomas
Lyndon Patterson
Moonesh Ramoutar
Fassad Mohammed
Ezekiel Baboolal

Rodney Cowan
Jason Banmally
Sean Ramcharitar
Gerard Simms
Gary Nelson
Jason Edmund
Sapphira Lessey
Ravi Ramroop
Denielle Ferrier

Ellison Sam
Shuntel Scotland
Mark Johnson
Rachel Matthews
Emily Ramkhalawan
Shivani Samuel
Narada Blake
Paul Thomas

APRENDAMOS ESPAÑOL! LET'S LEARN SPANISH!

VAYAMOS DE COMPRAS - LET'S GO SHOPPING

- Bajo - Low
- Razonable - Reasonable
- El efectivo - Cash
- La tarjeta - Card
- El dinero - Money
- La tienda - Store
- El mercado - Market
- El supermercado - Supermarket
- El almacén - Department Store
- La ropa - Clothes
- La farmacia - Pharmacy
- La librería - Bookstore
- Cuánto cuesta - How much does it cost?
- La cuenta - The bill
- El cambio - Change



Translations by: Sachin Dookie
Corporate Communications

- El centro comercial - The Mall
- Los precios - The prices
- Barato - Cheap
- Alto - High



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